



## GRATITUDE

“Cherish the simple gifts,  
Let thankfulness shape your days”

One-day Women's Retreat

Saturday, March 7th, 9 am - 3 pm at Jarrettown Friendship Center

Name \_\_\_\_\_

Email \_\_\_\_\_

Cell Phone \_\_\_\_\_

\$30 includes retreat materials, craft, snacks & boxed lunch

Light continental breakfast during registration

Checks payable to JUMW, Scholarships available

Please register by March 1

Corner Café Lunch Choice Number \_\_\_\_\_ (see reverse)

For more information about this Women's Retreat, contact Jean Gruber at  
[jeangruber@gmail.com](mailto:jeangruber@gmail.com) or 215-840-8083, or the church office at 215-646-4129



**Please choose one and put number on registration form**

**Salads** come with freshly baked bread & cookie

- 1. Chicken Caesar** – romaine, grilled chicken, parmesan, croutons, Caesar dressing
- 2. Harvest** – mixed greens, grilled chicken, sweet crisps, bleu cheese, walnuts, apple, dried cranberries, balsamic vinaigrette
- 3. Turkey Avocado Cobb** – mixed greens, oven roasted turkey, bacon, hard-boiled egg, bleu cheese, avocado, tomato, avocado ranch dressing
- 4. Mixed Greens Salad (v)** – spring mix lettuce, roma tomato slices, spicy croutons

**Sandwiches** come with chips or salad\*, fruit medley & sugar cookie

- 5. Uptown Turkey Avocado** – oven roasted turkey, bacon, avocado, lettuce, tomato, mayonnaise
- 6. Chicken Pesto** – grilled chicken, tomato, arugula, pesto aioli, house vinaigrette
- 7. Tuna on Harvest** – celery, onion, lettuce, tomato, tuna dressing
- 8. Tomato Mozzarella (v)** – fresh mozzarella, tomato, roasted red pepper, arugula, basil, balsamic vinaigrette

\*Please specify if you would like a mixed green salad in place of the chips. If you do not specify, we will default to chips.