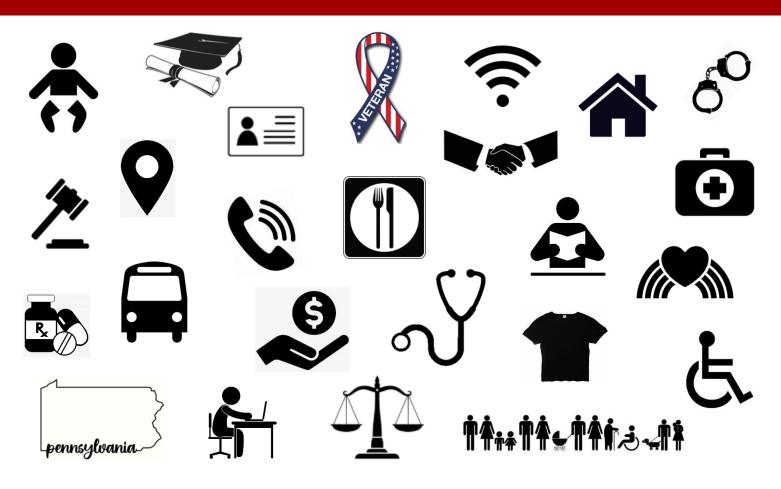


MontcoWorks Resource Guide



MontcoWorks Resource Guide

In This Guide

Resource categories are listed alphabetically and are clickable to take you to the page it is listed on.

Resource	Page
<u>Abuse</u>	2
Business Related	3
Child Care / Early Learning / Parent Education	4
Citizenship & Immigration	5
Clothing	6
<u>Crisis Hotlines</u>	7
<u>Disability Services</u>	8
Education & Training	9
Emergency Services	10
Employment	11
Ethnic & Cultural Community Organizations	12
Food & Basic Necessities	13-14
<u>Financial</u>	15
Health & Wellness	16-18
Housing / Utility Assistance	19-20
Identification	21
Legal & Justice Impacted Individuals	22
<u>Links to Additional Resource Guides</u>	23
LGBTQ+ Community	23
Montgomery County	24
Senior Services	25
Technology	26
<u>Transportation</u>	26
<u>Veterans</u>	27
Youth & Young Adults	28



Abuse

If you or someone you know is in immediate danger call or text 9-1-1

Keep Kids Safe - PA Department of Human Service

To report child abuse call PA ChildLine: 1-800-932-0313 www.dhs.pa.gov/keepkidssafe

<u>Laurel House</u> is dedicated to the vision of ending domestic violence in each life, home, and community. Laurel House is a comprehensive domestic violence agency and offers an array of services to support those impacted by domestic violence, while also providing prevention and education services to the general community.

24/7 Hotline: 800-642-3150 or Text "HOPE" to 85511 610-277-1860 info@laurel-house.org www.laurel-house.org

<u>Mission Kids</u> offers collaborative services, advocacy, leadership and education in response to allegations of child abuse. Mission Kids serves victims and their families in a dedicated, child-friendly setting to achieve justice and rehabilitate physical and emotional well-being.

484-687-2990 ☑ info@missionkidscac.org ⊕ www.missionkidscac.org

<u>National Domestic Violence Hotline</u> is available 24 hours a day, seven days a week, 365 days a year, and provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse. Contacts to The Hotline can expect highly-trained, expert advocates to offer free, confidential, and compassionate support, crisis intervention information, education, and referral services in over 200 languages.

C 24/7 Hotline: 1-800-799-SAFE (7233) or Text "START" to 88788 ⊕ www.thehotline.org

<u>Older Adult Protective Services</u> provides resources and supports to prevent, detect, reduce or eliminate physical, sexual, or psychological abuse, self-neglect or neglect by a caregiver and financial exploitation.

Lelder Protective Services Hotline: 800-734-2020

<u>SAFE for Children Program</u> offers services to children who have experienced or witnessed domestic violence in their families and homes. The SAFE for Children Program is facilitated through <u>Creative Health Services</u> and available to children of the Tri-County area who have been subject to or exposed to domestic violence.

610-326-9250 ext. 1197 ⊕ https://creativehs.org/childrens-safe-program/

<u>The Network/La Red</u> is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, kink, polyamorous, and queer communities.

Lesson : Hotline: 800-832-1901 \oplus https://www.tnlr.org/en/

Victim Services of Montgomery County has a mission to provide advocacy and counseling for all who have been affected by sexual violence and other crimes against the person and to promote sensitivity and awareness in the community through education. Victim Services is a non-profit, comprehensive crime-victim agency serving Montgomery County, Pennsylvania. Confidential services are provided at no cost to survivors of crime and their loved ones.

24/7 Hotline: 1-888-521-0983

610-277-0932

www.victimservicescenter.org

<u>Women's Center of Montgomery County</u> has a primary focus on freedom from domestic violence and other forms of abuse. Their programs, policies and procedures reflect their strong commitment to empowering women. Services include a 24-hour domestic violence hotline, telephone counseling, information and referral, legal advocacy, court and hospital accompaniment, and more.

24/7 Hotline: 800-773-2424 610-279-1548 − Norristown office **6**10-970-7363 − Pottstown office Visit the website for other office locations. <u>wcwebmail@womenscentermc.org</u> <u>www.wcmontco.org</u>



Business Related

List of Chamber of Commerce located in Montgomery County, PA

A Chamber of Commerce is a local organization of business owners and entrepreneurs who promote the interests of their local business community by advocating for local businesses and fostering a business-friendly environment.

The Chamber of Commerce for Greater Montgomery County is one of the oldest chambers in Pennsylvania, the largest business association in the County, and the leading business advocate for area businesses. Today, the Chamber of Commerce for Greater Montgomery County represents more than 700 business members that employ over 40,000 across Montgomery County. 215-362-9200 info@chambergmc.org www.chambergmc.org

The Main Line Chamber of Commerce represents the interests of more than 900 companies located primarily in the Pennsylvania counties of Delaware, Chester and Montgomery. The Chamber helps promote businesses in the region.

610-687-6232 https://www.mlcc.org/

The <u>Montgomery County Commerce Department</u> utilizes a unified approach to providing economic & workforce development services and assistance to individuals, entrepreneurs, investors, businesses, communities, and institutions.

- - Find all the reasons why Montgomery County is the place to live, work, learn, & invest at MontcoForward.org
 - Starting, growing, or looking to locate your business in Montgomery County? Complete a <u>Commerce Department Assistance Request Form</u>

<u>PA CareerLink® Montgomery County</u>'s Business Services Team can help businesses reduce recruitment, hiring, and training costs. Most services are federally funded, so can be provided at no cost to businesses and individuals. The Business Services Team has access to the latest relevant labor market data, work with local economic development groups, and make connections with local industry sector partnerships.

Small Business & Entrepreneurship

<u>CADCOM Micro-Enterprise Resource Center</u> is established to create opportunities for entrepreneurs in Montgomery County who are interested in developing new business prospects or capacity building for those who already own them. 610-277-6363 ext. 163 www.cadcom.org/byob

SCORE TriCounty provides free and confidential expert business counseling. Volunteers specialize in mentoring individuals who are considering starting a business, as well as owners and managers who are already in business.
\$800-634-0245
https://tricounty.score.org/

<u>The Pennsylvania Small Business Development Centers</u> (SBDC) are a nationally accredited program that provides educational training, business resources, and experienced no-cost, confidential consulting to small business owners and entrepreneurs. https://www.pasbdc.org/



Child Care & Early Learning

Along The Way is a non-profit organization that provides high-quality, affordable, in-home childcare to single mothers who are living in or near Montgomery County, PA and haven't been able to work due to lack of child care.

📞 484-306-3374 🖾 kristina@alongthewaypa.org 🕀 https://www.alongthewaypa.org/

Early Learning Resource Center (ELRC) Region 17 administers the Child Care Works subsidized child care program which helps low-income families pay for a portion of their child care expenses.

610-278-3707
 ☐ elrcregion17@pa.gov www.montgomerycountypa.gov/120/Subsidized-Child-Care

Intermediate Unit of Montgomery County (MCIU) - The Office of Early Childhood Services administers Early Intervention and Preschool services. Preschool services include the federally funded Head Start program and the state-funded Pre-K Counts program.

Maternity Care Coalition - Early Head Start (EHS) is an early care and education program that provides services to pregnant women and families with children ages 0-3. EHS serves families in their homes or in childcare centers located in Norristown, Pottstown and Lansdale.

Parent Education

Family Services offers parent education programs including The Fatherhood Program, Parent Cafe, Parents as Teachers (PAT), Parenting Inside Out, Pottstown Early Action for Kindergarten Readiness (PEAK), and Positive Parenting Program (Triple P). https://fsmontco.org/what-we-do/parent-education

Nurse-Family Partnership at Jefferson Einstein Montgomery Medical Center is a free program that connects great nurses with moms expecting their first baby. The program provides support, advice and information during pregnancy and after the baby is born.

215-704-4153 https://www.nursefamilypartnership.org/locations/pennsylvania/



Citizenship & Immigration

HIAS Pennsylvania supports low-income immigrants of all backgrounds as they build new lives in our community. Through immigration legal services and an array of social services, we work to address their needs, defend their rights, and advocate for their equitable inclusion in American society. 215-832-0900 https://hiaspa.org/

<u>Keystone Opportunity Center</u> offers free English Language/Civics (citizenship) classes. Students in EL/Civics class study English (listening, speaking, reading, and writing), U.S. history and civics, and learn interview skills needed to pass the U.S. naturalization interview and exam.

\$\textstyle \text{215-723-5430} \tag{\text{\text{https://keystoneopportunity.org/education/civics}}\$

Montgomery County Office of Immigrant Affairs serves all immigrants, refugees, and newcomers in Montgomery County to ensure equitable access to available resources and services. This is a newly formed County office as of February 2025. 610-278-3020

NSC offers comprehensive services in language access, legal protections, community integration, employment and health and wellness. 215-893-8400 https://nscphila.org/

<u>Pennsylvania Immigration Resource Center</u> (PIRC) provides free high quality legal services so that vulnerable immigrants and their families have access to justice and a more secure future.

√ 717-600-8099

⊕ https://www.pirclaw.org/

<u>The Refugee Resettle Program</u> helps refugees and their families obtain employment, social integration, and self-sufficiency as quickly as possible after their arrival in Pennsylvania.

https://www.pa.gov/agencies/dhs/resources/refugees-in-pa/refugee-services.html

The Welcoming Center provides a variety of services for immigrants from all over the world who reside in the Philadelphia region. 215-557-2626 https://welcomingcenter.org

<u>USA.gov</u> is an official website of the United States government. From the home page, scroll down to All Topics and Services and select Immigration and U.S. Citizenship to learn about U.S. residency, green cards, and citizenship requirements, related issues and resources.

www.usa.gov/immigration-and-citizenship

U.S. Citizenship and Immigration Services (USCIS) offers a collection of helpful resources and free study materials.
 https://www.uscis.gov/citizenship



Clothing

<u>Fifth Avenue</u> at Montco Senior Adult Activities Center offers community members access to many styles of clothing for all seasons for nominal prices. The shop also offers footwear, home goods, and accessories.

610-275-1960 thttps://www.montcosaac.org/saacsfifthavenue

<u>Liberty Thrift</u> has 7 locations and offers clothing for adults and children along with household items and more. Visit the website for locations and hours.

https://www.libertythriftstores.com/

Mitzvah Circle serves families walking along life's edge by providing over 100 products including clothing. To get help, fill out their application. 215-828-6647 https://mitzvahcircle.org/

<u>PA WorkWear</u> is a clothing resource offered to TANF recipients referred from the County Assistance Office and various work programs. An individual will receive personalized attention and professional attire for a job interview as well as additional clothing upon gaining employment. In Montgomery County, the program is operated out of the Montco Senior Adult Activities Center. 610-275-1960 https://www.montcosaac.org/saacsfifthavenue

<u>Second Chances Thrift Shoppe</u> carries a wide array of women's, men's, and children's clothing; women's accessories such as purses, shoes, and jewelry, and household wares. Proceeds from the sales support The Women's Center of Montgomery County domestic violence services, benefiting victims of family violence. Open Monday-Friday 10:00 a.m. to 5:00 p.m. and Saturday's 10:00 a.m. to 4:00 p.m.

www.wcmontco.org/second-chances-thrift-shoppe

The Blessing Shop provides free clothing to anyone in need. Offering shirts, pants, dresses, coats, shoes, socks, belts, hats, bras, underwear, blankets, ties, and sleepwear for men, women, and children. Open Thursday, Friday, and Saturday from 10:00 a.m. and 2:00 p.m.



Crisis Hotlines

A crisis hotline is a phone number people can call to get immediate emergency telephone counseling.

List of Crisis Hotlines can be found at www.montgomerycountypa.gov/2838/Crisis-Hotlines

<u>The Trevor Project</u> (for LGBTQ Young People) If you are thinking about harming yourself — get immediate support from anywhere in the U.S. It is 100% confidential, and 100% free.

<u>Montgomery County Mobile Crisis Support</u> Competent and caring crisis workers will help you resolve crisis situations like depression or suicidal thoughts through telephone and mobile support when needed. They are here to help you with immediate crisis situations and help you reduce and manage recurring crisis. All services are provided at no charge to you.

4673) <u>https://www.accessservices.org/services/mobile-crisis/</u>

Veterans Crisis Line

4. 24/7 Hotline: Dial 988 and Press 1 or text to: 838255 https://www.veteranscrisisline.net/

<u>988 Suicide & Crisis Lifeline</u> is a national network of local crisis centers that provides free and confidential support to people experiencing suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.









Disability Services

<u>CreATe Together</u> is a FREE program to receive 3D printed or fabricated Assistive Technology for people in Pennsylvania.

| https://techowlpa.org/3d-printing-at/

<u>Disability Rights Pennsylvania</u> (**DRP**) is an independent, statewide, non-profit corporation designated as the federally-mandated protection and advocacy agency in Pennsylvania. As the protection and advocacy agency in Pennsylvania, DRP provides help to Pennsylvanians with disabilities who are experiencing problems or who have questions related to their disability

📞 800-692-7443 Harrisburg Office 📞 (215) 238-8070 Philadelphia Office 🗎 www.disabilityrightspa.org/

<u>Montgomery County Office of Mental Health / Developmental Disabilities and Early Intervention</u> is a Human Services Organization that serves children, adults, and families, ensures quality services, and promotes choice, partnership and community understanding.

610-278-3642 ⊕ https://www.montgomerycountypa.gov/150/Mental-HealthDev-DisabilitiesEarly-Inter

Office of Vocational Rehabilitation (OVR) provides vocational rehabilitation services to help persons with disabilities prepare for, obtain or maintain employment. 484-250-4340 1875 New Hope St, Norristown, PA 19401 https://www.dli.pa.gov/Individuals/Disability-Services/ovr

<u>PA Link</u> to Aging and Disability Resource Center is PA's effort designed to help persons with disabilities and seniors find information that will connect them to supports and services in their community. Aging and Disability Resource Centers (ADRC) are a nationwide effort to take a seamless approach in the way we assist seniors and adults with disabilities who need help with activities of daily living. The ADRC in Pennsylvania is known as PA Link.

**** Toll-Free Helpline: 800-753-8827

https://www.pa.gov/agencies/aging/local-resources/pa-link-to-aging-and-disability-resources.html

Social Security Administration Social Security is a program run by the federal government. The program works by using taxes paid into a trust fund to provide benefits to people who are eligible. Benefits include retirement, disability, Medicare and provisions for spouse's, dependent children and survivors. https://www.ssa.gov

1-800-772-1213 • 1700 Markley St, Suite 120, Norristown, PA 19401

📞 866-964-7415 👂 80 Robinson St, Pottstown, PA 19464

<u>TechOWL</u> is Pennsylvania's designated Assistive Technology Act (AT Act) Program, part of the <u>Institute on Disabilities</u> at <u>Temple University</u> and helps people with disabilities and others explore, find and get the tools and technology they need to be independent. • 800-204-7428 • https://techowlpa.org/

<u>Ticket to Work</u> Program supports career development for Social Security disability beneficiaries' ages 18 through 64 who want to work. The Ticket to Work Program is free and voluntary and helps people with disabilities progress toward financial independence. <u>Ticket to Work Help Line 1-866-968-7842 or 1-866-833-2967 (TTY) Mon. – Fri., 8 a.m. to 8 p.m. ET.
https://choosework.ssa.gov</u>





Education & Training

Organization	Phone Number	English as a Second Language (ESL)	High School Equivalency GED/HiSET	Adult Literacy	Skills/Career Training/Job Readiness	Certifications/ Credentialing	Degrees
<u>ACLAMO</u>	610-277-2570	х		Х	х		
CADCOM	610-277-6363				X		
Job Corps (ages 16-24)	267-386-2888		х		х	Х	
Keystone Opportunity Center	215-723-5430	x	х	х			
Literacy Council of Norristown	610-292-8515	х	х	Х			
Manna on Main Street	215-855-5454				х	х	
Montgomery County	215-641-6551	х			х	х	х
Community College							
Montgomery County Literacy Network (REFERRAL SERVICE)	877-225-4484	х	х	х			
Montgomery County Norristown Public Library	610-278-5100				х		
Montgomery County OIC	610-279-9700	х	х	Х	х	х	
Norristown Hospitality Center	610-277-1321				х		
(Arize Program)							
PA CareerLink® Montgomery County	610-270-3429				х	х	
Tri-County YWCA	610-323-1888	х	х	х	х		

E-Learning Resources - *Free*

<u>LearningExpress Library™</u> is an easy-to-use online test prep resource that helps people improve their core academic skills, earn a high school equivalency, prepare for college, join the military, obtain occupational certification, change careers, become a U.S. citizen and much more.

www.learningexpresshub.com

Montgomery County-Norristown Public Library — eResources including: Cypress Resume, Learning Express™ Library, Mango Language Database, Reference Solutions, and more are available for use by cardholders of the Montgomery County-Norristown Public Library. Get a library card by bringing in a photo ID along with proof of current address (driver's license or PA ID, car insurance, utility bill) and complete the application or complete the Online Application

↑ http://mnl.mclinc.org/esources/

O*NET - is a tool for career exploration and job analysis, offering detailed descriptions of the world of work for use by job seekers, workforce development and HR professionals, and students.

www.onetonline.org

<u>Pennsylvania Career Guide</u> (27th Edition) is a valuable resource for students, educators, jobseeker, or a person considering a career change. The guide offers career outlook highlights, an interest assessment tool, tips for marketing yourself, sources of financial aid, and contact information to state agencies.

https://www.pa.gov/content/dam/copapwp-pagov/en/dli/documents/workstats/career-guides/CareerGuide.pdf

<u>PAsmart</u> helps students and workers prepare for the jobs of today and tomorrow. PAsmart highlights a variety of career options with family-sustaining wages, including careers that don't require a four-year college degree.

www.pasmart.pa.gov

SkillUp™ PA provides access to free, online job skills training to Pennsylvania residents. Over 6000 courses are available on the Metrix Learning Portal and can be accessed by registering for a free account on the PA CareerLink®.

www.pacareerlink.pa.gov/jponline/SkillUpPA



Emergency Services

If you or someone you know is in immediate danger, call or text 9-1-1

<u>Text-to-911</u> is available in most Pennsylvania counties including Montgomery, Chester, Bucks, Philadelphia, Delaware and Berks to subscribers of AT&T, Sprint, Verizon Wireless, and T-Mobile.

Situations when texting to 911 would be most helpful include:

- An emergency in which making noise could cause harm to the caller, such as an active robber or a domestic violence situation
- People who have speech or hearing impairments

To send a 911 text:

- Type 911 in the "To" field on your phone
- Describe the location and include the address and municipality
- Describe the situation and include what type of emergency help is needed
- Hit "send"



https://www.pa.gov/agencies/ready/get-prepared/contact-911.html

ReadyMontco is your official source for notifications about emergencies, disasters, and community information in Montgomery County, Pennsylvania. ReadyMontco is administered by the Montgomery County Department of Public Safety and comes to you free of charge (text messaging and voice rates may apply) to the devices of your choice. For additional information visit ReadyMontco Overview and Sign-up https://www.montgomerycountypa.gov/3311/ReadyMontco

<u>Smart911</u> is a free and secure service that is now available in Montgomery County, PA. It allows you to create a Safety Profile for your household. This profile includes any information you want 9-1-1 to have in the event of an emergency, such as your location details, medical conditions and household information, which can enhance the speed and accuracy of emergency responses.

Residents and families protect what matters most! Be prepared for any emergency by giving public safety the information they need to better help and communicate with you. For more information and to register visit Smart911 Montco. https://www.montgomerycountypa.gov/3388/Smart911



Employment

<u>Commonwealth of Pennsylvania - Employment PA</u> The Commonwealth of Pennsylvania values your and experience. In 2025, over 90% of state government jobs are open to skilled Pennsylvanians without a four-year degree. Jumpstart your career with an internship, apprenticeship or fellowship opportunity.

https://www.pa.gov/agencies/employment.html

<u>Council of Three Rivers American Indian Center</u> promotes the socio-economic development of Native Americans, Alaskan Natives, or Native Hawaiians. Services include employment and training programs for individuals age 18 years and older. Eastern Pennsylvania Representative - Edith Brabender, Employment and Training Counselor

<u>Employment and Retention Network (EARN) Program</u> provides job-search assistance, guidance, and support to its participants. The EARN Program is funded by the Pennsylvania Department of Human Services through TANF (Temporary Assistance for Needy Families). Participants must have children and be referred to this program by the County Assistance Office.

☑ V-Kathleen.Goldstein@montgomerycountypa.gov

https://www.montgomerycountypa.gov/2115/Employment-Advancement-and-Retention-Net

<u>MaturityWorks</u> is a training program that helps people, age 55 and older, increase their job skills through paid community service in local non-profit organizations. MaturityWorks matches eligible older job seekers with local nonprofits and public agencies so they can increase skills and build self-confidence, while earning a modest income. Based on their employment interests and goals, participants can also receive supportive services and skills training. The MaturityWorks experience always supports the employment and training needs of their clients.

A representative is located in the PA CareerLink® Montgomery County Office located at:

<u>PA CareerLink® Montgomery County</u>, a proud partner of the American Job Center® Network, is Montgomery County's one stop system of employment and skills training services designed to meet the needs of job seekers, employers and other interested individuals. Services range from career advice and guidance, resume writing tips, interviewing skills support, career workshops, skills assessments, occupational skills training, labor market information and much more.

€ 610-270-3429 Human Services Center, 1st Floor, 1430 DeKalb Street, Norristown, PA 19401

www.montgomerycountypa.gov/2114/PA-CareerLink-Montgomery-County

PA CareerLink® Online - www.pacareerlink.pa.gov

View step by step instructions to registering on PA CareerLink® Online

<u>Pottstown Works</u> is not a paid placement agency or temporary jobs service. We are an organization that works to help people gain full-time employment and achieve personal stability.

Color of the Salvation Army of Pottstown, 137 King Street, Pottstown, PA 19464 https://pa.salvationarmy.org/pottstown/PottstownWorks



Ethnic & Cultural Community Organizations

<u>ACLAMO Family Centers</u> provide educational programs, social services, and access to health and wellness programs to Latinos and other community members to empower them to fully achieve their life potential.

https://aclamo.org

Main Office
512 West Marshall Street
Norristown, PA 19401
610-277-2570

Pottstown Office 515 Walnut Street Pottstown, PA 19464 610-970-2134 Lansdale Office 606 E. Main Street Lansdale, PA 19446 484-685-6013

(By appointment only)

<u>Africa Cultural Alliance of North America, Inc.</u> (ACANA) is a nonprofit organization that advocates for the welfare and rights of African and Caribbean immigrants, refugees and other immigrants.

<u>Greater Norristown Branch NAACP</u> - The missions of the National Association for the Advancement of Colored People (NAACP) are to ensure the political, education, social, and economic quality of rights of all persons and to eliminate racial hatred and racial discrimination.

The Norristown Branch's local mission: Engage in initiatives which correct and eliminate disparities and inequities resulting from past and current racial discrimination, and to engage in other activities which otherwise uplift our community.

484-393-5052

☐ norristownpanaacp@gmail.com

https://www.norristownpanaacp.com/

<u>Ukrainian Educational and Cultural Center</u> (UECC) is a non-profit organization with the focal point of Ukrainian-American cultural life in the Delaware Valley. The objective of the UECC is to preserve and promote awareness of Ukrainian heritage throughout the community. UECC houses over 30 community, educational, scholarly and professional organizations and a Ukrainian Library. 215-663-1166 https://www.ueccphila.org/

<u>Woori Center</u> aims to empower the Korean and Asian American communities in Greater Philadelphia and beyond and to contribute to building a society where everyone thrives together based on mutual understanding and respect.

Comparizon Comparizon



Food & Basic Necessities

Catholic Social Services Martha's Choice Marketplace € 610-279-7372 • 353 E. Johnson Hwy., Norristown PA 19401 ⊕ http://marthaschoicemarketplace.com

Daily Bread Community Pantry – Collegeville Area 610-489-5540 https://dailybreadcommunityfoodpantry.org/

FoodPantries.org is a website that locates food pantries nationwide. PA Food Pantry Locator visit https://www.foodpantries.org/st/pennsylvania

Manna on Main Street Manna's Market – Groceries available for Montgomery County Residents 📞 215-855-5454 🖂 manna@mannaonmain.org 👂 606 E. Main St., Lansdale, PA 19446 https://mannaonmain.org

Open Link Community Food Pantry is designed to provide food to local families who do not currently have the financial means to meet their nutritional needs. 215-679-4112 9 452 Penn Street, Pennsburg, PA 18073 https://theopenlink.org/get-help/food-nutrition/food-pantry.html

Patrician Society distributes food on Tuesday and Thursday 1pm-3pm. Prospective recipients are required to register

Pottstown Cluster of Religious Communities Food Pantry is a public community food pantry at the Outreach Center for any local individuals and families in need of food.

€ 610-970-5995 • 57 North Franklin St., Pottstown, PA 19464 ⊕ https://www.pottstowncluster.org/foodpantry

Share Food Program partners with more than 100 pantries across Philadelphia, Montgomery, and Delaware counties to provide free food and resources to neighbors in need. Find free food at a convenient location near you using the interactive map. https://www.sharefoodprogram.org/find-food/find-a-food-site/

Supplemental Nutrition Assistance Program (SNAP) helps Pennsylvanians buy food. People in eligible low-income households can obtain more nutritious diets with SNAP increasing their food purchasing power at grocery stores and supermarkets. Those who are eligible receive an Electronic Benefits Transfer (EBT) ACCESS Card to make food purchases. Experiencing a food emergency and need food right away? Help is available.

https://www.dhs.pa.gov/Services/Assistance/Pages/SNAP.aspx

Women, Infants and Children (WIC) Nutrition Program promotes the health of women, infants and children by providing food and nutrition education to pregnant women and breastfeeding mothers as well as their infants and children. WIC services include nutrition education, healthy food vouchers, breastfeeding support, farmer's market vouchers, and much more. ⊕ https://www.mfhs.org/programs/wic-nutrition **\begin{align*} Locations:**

Colmar WIC Center 2515 N. Broad Street Colmar, PA 18915 215-948-5141

Norristown WIC Center 1340 DeKalb Street Rittenhouse Condominium, Ste 1 Norristown, PA 19401 610-806-7055

Pottstown WIC Center 700 Heritage Drive, Suite 702 Pottstown, PA 19464 484-278-3674

<u>USDA National Hunger Hotline</u> If you need food assistance, **call 1-866-3-HUNGRY or 1-877-8-HAMBRE** to speak with a representative who will find food resources such as meal sites, food banks, and other social services available near your location. Operates 7:00 AM – 10:00 PM Eastern Time. https://www.fns.usda.gov

MontgomeryCountyAlive.com List & Map of Food Pantries https://montgomerycountyalive.com/business/Food-Pantries.cfm

Willow Grove Food Pantry - Willow Grove area https://www.willowgrovebaptist.org/pantry

Basic Necessities

<u>Beds for Kids</u> provide beds and bedding for children ages 2-20 years old, in low-income families. A referral partner must make the referral. To become a referral partner or for more information visit the

<u>HopeWorx</u> provides emergency resources including food, clothing and laundry, haircuts, peer support and mental health advocacy and a community center with social opportunities. HopeWorx has built a local community with opportunities for learning new skills, meeting new friends, and starting new career paths.

Laundry services and haircuts are by appointment only. Call to set up an appointment.

https://www.hopeworxinc.org/

Mitzvah Circle provides over 100 types of basic necessities for the whole family, including clothing, shoes, toiletries, diapers, feminine hygiene products, school supplies and more, so people in crisis can participate in daily life, employment, and school. 215-828-6647 https://mitzvahcircle.org

Get Help https://mitzvahcircle.org/get-help/individuals-families/

<u>Norristown Hospitality Center</u> provides numerous services and supplies five days a week to alleviate the day-to-day stress of poverty and homelessness, including breakfast, showers, bathrooms, toiletries, and clothing.

€ 610-277-1321 • 530 Church Street, 1st floor, Norristown, PA 19401 https://hospitalitycenter.org/



Financial

Clarifi helps individuals reach their most important goals through financial education, counseling and other supportive services. Certified Financial Counselors can help create a budget, start savings plan, pay down debts, or even prevent a foreclosure.

215-563-5665 https://www.clarifi.org

Federal Student Aid (FSA), an office of the U.S. Department of Education (ED), is the largest provider of student financial aid in the nation providing grants, work-study, and loan funds each year to help students and their families pay for college or career school. https://studentaid.gov/

Manna on Main Street's non-COVID financial assistance program is funded primarily on donations. This program is designed to offer one-time emergency financial assistance for individuals and families living in the North Penn School District.

\$\square\$ 215-855-5454 \$\emptysep\$ https://mannaonmain.org/need-help/getting-help/

https://mannaonmain.org/financial-assistance-application/

Montgomery County Assistance Office If you have low income and limited resources, you may be able to receive cash assistance through Temporary Assistance for Needy Families (TANF) or General Assistance.

https://www.dhs.pa.gov/Services/Assistance/Pages/CAO-Contact.aspx

• Locations:

Norristown District 1931 New Hope Street Norristown, PA 19401-3191 610-270-3500

Pottstown District 24 Robinson Street Pottstown, PA 19464-5584 610-327-4280

Office of Unemployment Compensation provides temporary income support if you lose your job through no fault of your own or if you are working less than your full-time hours. If you qualify, you will receive money for a limited time to help you meet expenses while you seek new employment.

\$88-313-7284 – PA UC Service Center ⊕ www.uc.pa.gov

Tax Preparation Assistance

CADCOM's VITA Program offers free Federal and State tax preparation with secure electronic filing and direct deposit in approximately 10 days; along with other related service at our Norristown and Willow Grove sites. All of our tax preparers are IRS trained and certified. Call for more information or to set an appointment.

610-277-6363, ext. 115

VITA The IRS's Volunteer Income Tax Assistance (VITA) program offers free basic tax return preparation to qualified individuals. The Tax Counseling for the Elderly (TCE) program offers free tax help, particularly for those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors.

ttps://www.irs.gov/individuals/free-tax-return-preparation-for-qualifying-taxpayers Find a VITA or TCE site near you or call 1-800-906-9557



Health & Wellness

<u>COMPASS</u> is an online tool for Pennsylvanians to apply for many health and human service programs and manage benefit information. Programs and services include healthcare – Medical Assistance/CHIP, food & nutrition (SNAP), early intervention, cash assistance, rental assistance and much more.

<u>https://www.compass.state.pa.us</u>

<u>Community Health and Dental</u> provides affordable, accessible and quality healthcare to all regardless of a patient's insurance status. (610) 326-9460 https://ch-dc.org

(The Shoppes at Coventry) 351 W. Schuylkill Rd. Suite G15-A, Pottstown, PA 19465

• 6 E. Philadelphia Avenue, Boyertown, PA 19512

<u>Genesis Women's Clinic</u> provides confidential advocacy to women who are facing an unplanned pregnancy. Staff is trained to provide information and resources. Services are free and confidential including pregnancy testing, STD testing and treatment, and ultrasound exam. Baby supplies are available by appointment.

C 610-970-8089 **9** 888 E. High St., Pottstown, PA 19465 ⊕ https://genpcc.org/

<u>Maternal and Family Health Services</u> (MFHS) is a private non-profit health and human services organization. MFHS works to meet the health and nutrition needs of Northeastern Pennsylvania's women, children, and families with information, education, and quality care. Programs include WIC, Reproductive Health, Nurse-Family Partnership and Pregnancy Care.

https://www.mfhs.org

<u>Montgomery County Health and Human Services</u> works together with people and organizations across the County to make a positive difference in the lives of County residents.

https://www.montgomerycountypa.gov/2783/Health-and-Human-Services

Montgomery County Hospitals https://webapp07.montcopa.org/mycommunity/poi/MapMontcoHospitals cp.htm

<u>Montgomery County Office of Public Health</u> provides public health services and foster collaborative actions that empower the community to improve its health and safety.

P Health Center Locations:

Norristown Health Center

Montgomery County Human Services Center 1430 DeKalb Street, Norristown, PA 19401 610-278-5145

(Entrance to the clinic is off DeKalb Street)

Pottstown Health Center

364 King Street Pottstown, PA 19464 610-970-5040 Willow Grove Health Center

Montgomery County Eastern Court House Annex 102 York Road, Suite 401 Willow Grove, PA 19090 215-784-5415 (Limited Services Available)

<u>Norristown Regional Health Center</u> operated by Delaware Valley Community Health, Inc. (DVCH) is a private, non-profit healthcare organization that provides quality Medical, Dental, Optometry/Eye Care and Behavioral Health Services to patients regardless of their ability to pay.

Loss of the Street of the Str

<u>Pennie</u> is Pennsylvania's official health and dental coverage marketplace and the *only* place to get financial assistance to help lower the cost of coverage and care.

https://pennie.com/

<u>Prescription Discount Program</u> Montgomery County has partnered with the National Association of Counties (NACo) to help residents save on prescription and health care costs with the <u>Live Healthy Prescription</u>, <u>Health & Dental Discount Program</u>.

<u>Visiting Nurses Association</u> is a community partner committed to providing quality healthcare and social service needs that will improve the wellness, self-esteem, and self-sufficiency of its individuals within the community. VNA Community Services programs include Home Care Services, Primary Family Healthcare and Personal Navigator Program with Prescription Assistance. 215-572-7880 – for offices, services and program https://vnacs.org/

Behavioral/Mental Health Services

<u>Access Services</u> provides behavioral health, child and family services, and intellectual disabilities and autism programs for Montgomery County.

\$\bigcup 215-540-2150 \text{\texi}\text{\text{\text{\text{\te\tinte\text{\text{\text{\text{\text{\text{\text{\text{\text{\tex{

<u>Central Behavioral Health</u> is a non-profit community behavioral health center in Montgomery County that offers a full spectrum of behavioral health services for children, adolescents, adults, and seniors.

€ 610-279-9270 • 1100 Powell Street, Norristown, PA 19401 ⊕ https://www.centralbh.org

<u>Creative Health Services</u> provides quality behavioral healthcare designed to empower and promote wellness for individuals, families and communities.

484-941-0500 ☑ <u>info@creativehs.org</u> • 11 Robinson Street, Pottstown, PA 19464 ⊕ https://creativehs.org

<u>Mental Health Association in Pennsylvania</u> (MHAPA) is a nonprofit organization that reflects the ethnic and cultural diversity of the Commonwealth, works on behalf of the mental health of its citizens, instilling principles that facilitate the recovery and resiliency of individuals and their families, through advocacy, education, and public policy.

Montgomery County Department of Mental Health/Developmental Disabilities and Early Intervention is an organization that strives to enrich the lives of people in a positive way, through a unique partnership with the community that ensures quality services. A variety of services are available to individuals who have been determined eligible through assessment and evaluation.

€ 610-278-3642 • Human Services Center, 1430 DeKalb Street, Norristown, PA 19401-0311 • https://www.montgomerycountypa.gov/150/Mental-HealthDev-DisabilitiesEarly-Inter

Montgomery County Emergency Service, Inc. (MCES) is a private, not-for-profit, psychiatric hospital providing critical behavioral health services for individuals, families, and organizations. Services include Inpatient / Outpatient / Crisis Residential Programs, Criminal Justice Program, Crisis Intervention and Suicide Prevention.

© 610-279-6100 C Toll Free 844-455-7455 ☐ mail@mces.org © 50 Beech Drive, Norristown, PA 19403 ⊕ https://www.mces.org/

NAMI Montgomery County PA works to improve the lives of individuals and families affected by mental illness through support, education, advocacy and awareness. NAMI HelpLine M-F 10AM-10PM 1-800-950-NAMI (6264)

215-361-7784 ☑ office@namimontcopa.org • 100 W Main Street, Ste. 204 Lansdale, PA 19446

https://namimontcopa.org

COVID-19 and Respiratory Viruses Resources

Centers for Disease Control (CDC) https://www.cdc.gov/coronavirus/2019-ncov/index.html

Centers for Disease Control (CDC) https://www.cdc.gov/respiratory-viruses/guidance/index.html

Montgomery County Office of Public Health https://www.montgomerycountypa.gov/3524/Respiratory-Viruses-COVID-Flu-RSV

Drug and Alcohol

Alcoholics Anonymous® - South Eastern PA is a peer-led mutual-aid fellowship focused on helping individuals struggling with alcoholism achieve and maintain sobriety through a 12-step program. https://aasepia.org/

<u>Eagleville Hospital</u> is the region's only program outside of Philadelphia to offer treatment-supporting levels of care ranging from acute psychiatric hospitalization to specialty hospitalization to residential care for treating substance use, co-occurring, and mental health disorders.

610-539-6000 x1 or 800-255-2019 - referrals accepted 24 hours a day, 7 days a week

• 100 Eagleville Road, Eagleville, PA 19403 ⊕ https://www.eagleville.org/

<u>Gaudenzia</u> Addiction Treatment & Recovery Services helps individuals and families affected by drug and alcohol dependency, mental illness, and related conditions to achieve a better quality of life by providing evidence-based substance abuse disorder treatment programs. For Immediate Treatment Help ca 833-976-4357

• 166 West Main Street, Norristown, PA 19401 610-239-9600 https://www.gaudenzia.org/

♀ 830 Twining Road, Dresher, PA 19025 **८** 215-849-7200

Montgomery County Office of Drug and Alcohol provides a wide range of drug and alcohol services to county residents in the areas of Prevention, Intervention, Treatment, and Recovery Support. Services are delivered in partnership with qualified providers and are guided by a philosophy that embraces hope, respect, and support for recovery. 610-278-3642 https://www.montgomerycountypa.gov/1339/Drug-Alcohol

<u>Narcotics Anonymous - Greater Philadelphia Region</u> is a nonprofit, international, community-based organization for recovering addicts. Narcotics Anonymous (NA) members learn from one another how to live drug-free and recover from the effects of addiction in their lives.

https://naworks.org/

RHD Center for Excellence - Resources for Human Development (RHD) is a national human services nonprofit offering caring and effective programs addressing intellectual and developmental disabilities, behavioral health, homelessness, addiction recovery and more. The Center for Excellence was developed in response to the growing opiate abuse epidemic. While we do not provide treatment, we do provide a warm handoff to the appropriate provider after meeting with the individuals we support. We are a mobile unit that will deliver services where the client presents — from a local shelter to an outpatient or inpatient program.

484-681-5278 **9** 107 E. Main St., Suite 310, Norristown, PA 19401

https://www.rhd.org/program/center-of-excellence-care-management-team/



Housing

Homelessness / At Risk of Becoming Homeless

<u>Better Days Ahead</u> (BDA) is a non-profit group that distributes food, clothing, and survival gear directly to area houseless and at-risk individuals in Southeastern Pennsylvania. Based in Phoenixville, their service area covers Pottstown, Norristown, Spring City, Royersford and to Center City and Kensington in Philadelphia.

<u>Street Outreach</u> provides whole-person intervention for those facing housing instability and homelessness in Montgomery County, PA. **Get Help** - for immediate assistance call Montgomery County Mobile Crisis 24 hours a day, 7 days a week: \$\subsetentsupersonable 855-634-4673 https://www.accessservices.org/services/street-outreach/

Your Way Home Montgomery County (YWH) has a mission to ensure that everyone who lives, works, learns, and invests in Montgomery County, Pennsylvania has equal opportunity to live in an affordable home and a thriving community. **Get Help** - if you are homeless or are at risk of becoming homeless, please contact the Your Way Home Helpline: 610-278-3522 https://yourwayhome.org

Low Income/Subsidized Housing

Low Income Housing Facilities in Montgomery County – Interactive Map

ttps://montcopa.maps.arcgis.com/apps/dashboards/2978da13104140eb8cf4b09e112c78c7

<u>Montgomery County Housing Authority</u> (MCHA), in partnership with community organizations, agencies and local governments, provides housing and homeownership opportunities for low and moderate income persons and families.

\$\ 610-275-5720 \$\ \text{https://www.montcoha.org}\$ \$\ \square\$ \square\$ Info@montcoha.org

PA Property Tax or Rent Rebate Program supports homeowners and renters across Pennsylvania. This program provides a rebate ranging from \$380 to \$1,000 to eligible older adults and people with disabilities age 18 and older. https://www.pa.gov/agencies/revenue/incentives-credits-and-programs/ptrr.html

Home Ownership Resources

Habitat for Humanity of Montgomery and Delaware Counties sells newly constructed or renovated homes to qualified families and individuals who live or work in Montgomery or Delaware Counties and meet the program qualifications. Our homebuyers purchase their homes with affordable mortgages and pay taxes on the full values of their homes. 610-278-7710 https://habitatmontdelco.org

Genesis Housing Corporation is dedicated to the development of affordable housing, neighborhood revitalization and the education of consumers on housing and financial issues. Offers free classes on Credit, Money Management and Home Buying.

610-275-4357

https://genesishousing.org

<u>Montgomery County First Time Homebuyers Program</u> is directed to assist low, moderate, and median income households interested in purchasing a home in Montgomery County. Eligible participants may receive assistance with down payment and closing costs.

https://www.montgomerycountypa.gov/442/First-Time-Homebuyers

Additional Housing Resources

<u>Cradle of Hope</u> offers housing and support to single mothers and their children. The goal is to enable mothers to get full-time employment and permanent housing 215-572-59 <u>https://www.cradleofhope.net/</u>

<u>Family Promise Montco PA</u> partners with the community to address homelessness and hunger—one family at a time.

https://www.fpmontco.org/

<u>The Housing Equality Center of PA</u> helps victims of housing discrimination understand their legal rights and offers guidance on navigating the formal complaint process. https://www.equalhousing.org

The Fair Housing Rights Center in Southeastern PA (FHRC) was established to ensure equal access to housing opportunities for all people. FHRC offers Fair Housing Consumer Education and Advocacy.

http://fairhousingrights.org

<u>Weatherization Assistance Program (WAP)</u> increases energy efficiency in Pennsylvania's homes by reducing energy costs and increasing comfort while safeguarding health and safety. This is a free program to eligible low-income residents. In Montgomery County Contact **CADCOM** for more information and a referral.

- ttps://dced.pa.gov/programs/weatherization-assistance-program-wap/
- https://www.cadcom.org/weatherization

Utility Assistance

211 – Search local utilities resources in Pennsylvania Utilities resources in

<u>Aqua Aid Pennsylvania</u> is an assistance program designed to help Aqua customers in need receive uninterrupted water service.

 \bigoplus https://www.aquawater.com/customers/customer-assistance-programs/aqua-aid/aqua-aid-pennsylvania

Dollar Energy Fund administrates utility assistance programs to many low-income households.

https://www.dollarenergy.org/need-help/

Low Income Home Energy Assistance Program (LIHEAP) helps families living on low incomes pay their heating bills in the form of a cash grant. Households in immediate danger of being without heat can also qualify for crisis grants. The cash grant is a one-time payment sent directly to the utility company/fuel provider to be credited on your bill. These grants range from \$300 to \$1,000 based on household size, income, and fuel type. Remember: This is a grant and does not have to be repaid. Apply online through COMPASS or visit the County Assistance Office.

https://www.pa.gov/services/dhs/apply-for-the-low-income-home-energy-assistance-program-liheap.html

PA American Water offers Customer Assistance Programs for their customers experiencing financial hardships.

https://www.amwater.com/paaw/customer-service-billing/customer-assistance-programs/

<u>PECO Assistance Programs</u> help those in need, including energy assistance, and help for customers with special needs.

https://www.peco.com/my-account/customer-support/assistance-programs

<u>Pennsylvania Utility Law Project</u> (PULP) provides information, assistance, and advice about residential utility and energy matters affecting low-income consumers.

<u>https://www.pautilitylawproject.org/</u>



Identification & Vital Records

Norristown Hospitality Center, in partnership with the New Life Church Norristown, hosts ID clinics for people who need to obtain state IDs, birth certificates, social security cards, etc. Call for dates and details.

PA Department of Health - Vital Records (Birth Certificates)

tttps://www.health.pa.gov/topics/certificates/Pages/Birth-Certificates.aspx

The Pennsylvania Department of Health waives the fee for birth certificates for veterans.

PA Department of Transportation – Photo ID, Driver's License, REAL ID

https://www.dmv.pa.gov/Driver-Services/Photo-ID2

Pennsylvanians experiencing homelessness can be issued a *free* initial photo ID or renewal.

Homeless Photo Identification Card Fact Sheet



Legal & Justice-Impacted Individuals

Legal Aid of Southeastern PA (LASP) is a nonprofit Pennsylvania corporation committed to delivering civil legal services to low-income people, victims of domestic abuse and the elderly living in Bucks, Montgomery, Chester and Delaware Counties.

📞 Free Telephone Helpline: 877-429-5994, open Monday-Friday 9am-1pm 🖨 https://www.lasp.org

Modest Means Legal Access Program If you do not meet Legal Aid's requirements, ask a Legal Aid employee about the Modest Means Legal Access Program (MMLAP), which is a joint project between the Montgomery Bar Association and Montgomery County Legal Aid through which our attorney's offer reduced fees.

Montgomery County Public Defender's Office represents adult and juvenile clients in criminal matters throughout Montgomery County.

610-278-3295 ⊕ https://www.montgomerycountypa.gov/201/Public-Defender

SeniorLAW Center offers free and confidential service for adults 60 years of age and older.

SeniorLAW Help Line: 1-877-PA SR LAW (1-877-727-7529) 610-910-0210 thttps://seniorlawcenter.org

Resources for Justice-Impacted Individuals

Liberty Thrift offers clothing & furniture vouchers (to use at their thrift stores) for ex-inmates that are struggling. To place request assistance, visit the link on their page at https://www.libertyministries.us/

Montgomery County Reentry Initiative (MCRI) has created a comprehensive system of coordinated approaches for individuals who have been involved in the Criminal Justice System.

https://www.montcoreentry.org

PA Network of Care website is designed to be useful to individuals who are reentering society from incarceration or supervision, their families, and the professionals assisting them to achieve successful reentry. https://portal.networkofcare.org/Sites/Pennsylvania

The Choice is Yours (TCY) Program is a program for people who have committed their first nonviolent drug-related crime and are at risk of going to prison for a minimum amount of time. Services include one-on-one case management, access to skills training and basic education services and job search and job employment assistance.

ttps://www.jevshumanservices.org/program/the-choice-is-yours/ 267-238-3975 TCYMontCo@jevs.org

The Pardon Project was started in 2018 to make the pardon process in Pennsylvania accessible to those without money to hire lawyers. Pardon Projects are countywide efforts that link together community organizations (called "Pardon Hubs") that have been trained in the pardon form and process. They also have a list of volunteers (called "Pardon Coaches") ready to help people fill out the application.

https://pardonmepa.org/ In Montgomery County connect to LASP https://www.lasp.org/expungements

Removery's INK-nitiative Program is a community outreach initiative designed to provide safe, effective, and free tattoo removal on the hands, neck, and face to those in need who were formerly incarcerated, gang members, survivors of human trafficking and those who wish to remove hate symbols or racist tattoos.

https://removery.com/about-us/ink-nitiative/



Additional Resource Guides

Disclaimer: The information in the guides listed below are updated by the agencies and not MontcoWorks.

PA 211 of Southeast Pennsylvania (SEPA) Available 24/7/365 in 180 Language Dial 211 or text zip code to 898-211 https://search.pa211.org/

Interagency Council of Norristown Membership Connections Guide

https://www.icnconnections.org/_files/ugd/84df63_f718844de56e401f93d4e62a7cb72dc6.pdf

Montgomery County Department of Health and Human Services Parent and Infant Resource Guide

https://www.montgomerycountypa.gov/DocumentCenter/View/12783/PIRG-2023?bidId

Guía de Recursos para Padres En Espanol

https://www.montgomerycountypa.gov/DocumentCenter/View/24145/PIRG-Spanish 2020?bidId

Montgomery County - Community Resources for Reentrants

https://static1.squarespace.com/static/5de51ff098e1587c63654d77/t/660e87bf4f14d0686d2df7bc/1712228287867/ /Community+Resources+for+Reentrants.docx+revised.pdf

Norristown Hospitality Center - Comprehensive List of Services

thttps://hospitalitycenter.org/wp-content/uploads/2025/02/2025-Updated-Local-Resource-Guide-with-Logo.pdf



LGBTQ+ Community

For local health and support resources and information pertaining to a number of healthcare priorities for LGBTQ+ people visit https://www.montgomerycountypa.gov/3349/LGBTQ-Health-and-Support

Montgomery County LGBT Business Council's mission is to create networking, social and business opportunities for LGBT business professionals and allies in Montgomery County. https://montcolgbtbc.org

<u>The Welcome Project PA</u> provides educational resources, support groups, social activities and events, advocacy, interfaith learning and cooperation, and LGBT+ friendly, trauma-informed therapy, healing, and counseling. They serve newcomers to the US, Spanish-speaking communities, refugees, vulnerable faith communities, LGBTQ+ communities, and people living in poverty who lack the basic necessities.

215-675-8808
 ☐ info@welcomeprojectpa.org

f Q Located in Love in Action UCC, 350 S. York Rd., Hatboro PA 19040 $f \oplus$ https://welcomeprojectpa.org/

<u>The Trevor Project</u> is the world's largest suicide prevention and crisis intervention organization for lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) young people. www.thetrevorproject.org



Montgomery County

Community Connections provides compassionate assistance, by highly skilled staff who navigate and advocate for those in need of human services and to foster partnerships with the community and providers to improve access to service. 610-278-3522 https://www.montgomerycountypa.gov/1585/Community-Connections

Montgomery County, PA is the third-most populous county in the Commonwealth of Pennsylvania.

610-278-3000 https://www.montgomerycountypa.gov/

Montgomery County, PA Legislators – Pennsylvania General Assembly - Find Your Legislator

https://www.legis.state.pa.us/cfdocs/legis/home/findyourlegislator/county_list.cfm?CNTYLIST=Montgomery



Senior Services

<u>MaturityWorks</u> is a training program that helps people, age 55 and older, increase their job skills through paid community service in local non-profit organizations. MaturityWorks matches eligible older job seekers with local nonprofits and public agencies so they can increase skills and build self-confidence, while earning a modest income. Based on their employment interests and goals, participants can also receive supportive services and skills training. The MaturityWorks experience always supports the employment and training needs of their clients.

A representative is located in the PA CareerLink® Montgomery County Office located at:

Color (570) 220-3543 Human Services Center, 1430 Dekalb Street, 1st Floor, Norristown, PA 19401 https://www.workplace.org/maturityworks

Montgomery County Office of Aging Services is part of the Pennsylvania Area on Agency network whose funding serves residents age 60 and above. Our programs promote the "aging in place" model that so many desire by providing in-home services in their own home. We also provide advocacy for residents of facilities, through our ombudsman program and investigate allegations of elder abuse through our protective services unit. We strive to meet the needs of all of our age 60+ residents by contracting with a variety of providers of services.

€ 610- 278-3601 Human Services Center, 1430 Dekalb Street, Norristown, PA 19401 https://www.montgomerycountypa.gov/148/Aging-Services

<u>MontgomeryCountyAlive.com Montgomery County Area Seniors Guide</u> This guide helps seniors or a loved one looking for in-home care, hospice, housing, resources or more.

https://montgomerycountyalive.com/seniors/

<u>Pharmaceutical Assistance Contract for the Elderly (PACE) Program</u> Pennsylvania's PACE and PACENET programs help qualified residents, age 65 and up, get prescription medicine at a lower cost. These programs work with Medicare Part D and other drug plans, like those from retiree plans, employers, Medicare Advantage, and Veterans' Benefits, to reduce the money you pay out of pocket for medicine.

tttps://www.pa.gov/agencies/aging/aging-programs-and-services/pace-program.html

<u>Senior Adult Activity Center of Montgomery County</u> is the community focal point where aging adults and their families find support, guidance, educational and social programs to help navigate life transitions and continue to be active, creative, healthy and engaged in the community.

Norristown - € 610-275-1960 € 536 George St., Norristown, PA 19401 ⊕ https://www.montcosaac.org/
Ambler - € 215-619-8863 € 45 Forest Avenue, Ambler, PA 19002

https://www.montcosaac.org/art-center-at-ambler

SeniorLAW Center offers free and confidential service for adults 60 years of age and older.

Social Security Administration (SSA) is a federal program that provides financial protection for Americans.

https://www.ssa.gov/

Medicare Program is our country's federal health insurance program for people age 65 or older.

https://www.ssa.gov/benefits/medicare/

Social Security's Retirement Insurance Benefits are benefits that apply to individuals who have earned enough Social Security credits and are at least age 62. https://www.ssa.gov/retirement



Technology

Digital Navigators are located within local community organizations, and they help persons find low cost internet services and digital devices. They also provide digital literacy skills instruction and basic technical support concerning computers, tablets, smartphones, and connecting to WIFI and wireless networks.

Literacy Council of Norristown 610-292-8515 ACLAMO 610-277-2570

<u>Internet Essentials</u> - Xfinity from Comcast offers Internet Essentials that provides affordable home Internet for qualifying households (\$9.95/mo. for up to 50 Mbps, or \$29.95/mo. for up to 100 Mbps) — as well as low-cost computers, free WiFi hotspots, and free Internet training.

ttps://www.xfinity.com/learn/internet-service/internet-essentials

<u>Lifeline</u> – Verizon offers a government assistance program that offers discounts to qualified low-income customers. Verizon offers Lifeline plans for home phone service, wireless and Fios Home Internet service.

https://www.verizon.com/support/lifeline/

Team Children's mission is to provide families and organizations with the technological tools they need to compete and contribute to our rapidly changing global economy. From distributing low-cost refurbished computers to families, schools, and organizations to providing the opportunity for young people and teens to learn the art of refurbishing computers. 610-666-1795 https://teamchildren.org/



Transportation

<u>Greater Valley Forge (GVF)</u> Transportation Management Association - works to promote alternatives to commuting such as carpooling, vanpooling, cycling, public transit and walking. GVF works with septa to provide riders with information on how to ride the system and how to get to and from their various destinations.

<u>PennDOT</u> oversees programs and policies affecting highways, urban and rural public transportation, airports, railroads, ports, and waterways. PennDOT also administers the state's vehicle registrations, driver's licenses and IDs.

General Information 717-787-2838 https://www.penndot.pa.gov/

<u>SEPTA</u> - Southeastern Pennsylvania Transportation Authority Serving Bucks, Chester, Delaware, Montgomery, and Philadelphia Counties. Buses and Regional Rails.

<u>The Partnership TMA of Montgomery County</u> provides transportation programs and services to residents, employers, and employees. Insights on transportation options: public transit, carpools, vanpools, shuttlebuses, shared-ride programs, bicycling and walking.

215-997-9100
 ☐ info@ptma-mc.org
 ☐ https://ptma-mc.org/

<u>TransNet Suburban Transit Network, Inc.</u> is a community transportation resource offering services to individuals with disabilities, senior citizens, medical assistance recipients, and for schools and camps.

\$\,\text{215-542-7433} \\ \text{\text{thtps://www.suburbantransit.org}}\$



Veterans

Commonwealth of Pennsylvania - Employment PA Returning to civilian life? Starting a second career? Looking for an employer that values active National Guard and Reserve service? Bring the unique experience and personal qualities you developed in the military and continue your work in public service with the Commonwealth of Pennsylvania!

https://www.pa.gov/agencies/employment.html

Final Salute H.O.M.E and S.A.F.E Programs assist women Veterans and their children who are currently homeless, facing homelessness, and those under financial strain. The programs are open to women Veterans and their children, regardless of their location. 703-224-8845 https://www.finalsaluteinc.org/

<u>Montgomery County Office of Veterans Services</u> helps the Montgomery County Veteran Community wade through the intricate and sometimes complicated process of obtaining veteran-related benefits and services.

<u>Montgomery County Recorder of Deeds Office</u> – (Veterans' Discount ID Card) encourages all veterans to record their DD214s for safekeeping and provides veterans with photo ID cards and a corresponding program to receive discounts for goods and services from participating merchants in the region.

Norristown Vet Center offer confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Our services include counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST). We can also connect you with more support in VA and your community. 215-823-5245 https://www.va.gov/norristown-vet-center

<u>Pennsylvania's Department of Military and Veterans Affairs</u> (DMVA) has a dual mission: to provide quality service to the commonwealth's veterans and their families, and to oversee and support the members of the Pennsylvania National Guard (PNG).

https://www.dmva.pa.gov

<u>U.S. Department of Veterans Affairs</u> (VA) is responsible for administering benefit programs for veterans, their families, and their survivors. These benefits include pension, education, disability compensation, home loans, life insurance, vocational rehabilitation, survivor support, medical care, and burial benefits. https://www.va.gov

<u>Veterans Crisis Line</u> can help even if you're not enrolled in VA benefits or health care. If you are a Veteran, service member, or any person concerned about one, connect to the hotline.

24/7 Hotline: Dial 988 and Press 1 Text to: 838255 © Confidential Chat: <u>VeteransCrisisLine.net</u>



Youth & Young Adults

Job Corps is the largest nationwide residential career training program in the country and has been operating for more than 50 years. The program helps eligible young people ages 16 through 24 complete their high school education, trains them for meaningful careers, and assists them with obtaining employment.

At Job Corps, students have access to room and board while they learn skills in specific training areas for up to three years. In addition to helping students complete their education, obtain career technical skills, and gain employment, Job Corps also provides transitional support services, such as help finding employment, housing, child care, and transportation. Job Corps graduates either enter the workforce or an apprenticeship, go on to higher education, or join the military.

The Philadelphia Regional Office of Job Corps oversees Job Corp centers in District of Columbia, Delaware, Kentucky, Maryland, Pennsylvania, Virginia, and West Virginia.

Philadelphia Office 267-386-2888 Regional Office 215-861-5500

ttps://philadelphia.jobcorps.gov

MontcoWorks*NOW provides comprehensive, year-round programs and services for eligible youth and young adults, ages of 14-24, who are either in school, have left school without a diploma and are now motivated and re-engaged, or have graduated and are unemployed/underemployed.

- Career Exploration
- High School Equivalency
- Job Readiness

- Post-Secondary Education
- **Training & Certifications**
- Pre-Apprenticeship **Programs**
- Work Experience

📞 484-416-6800 🕈 2 West Lafavette Street, Norristown, PA 19401 https://mciu.org/office-of-student-services/montcoworks-now/

Peer Support and Teen Talk Lines provide live call lines where teens and adults can speak or text anonymously with a peer about any issues or problems without fear of judgement. Talk to Someone - 7 Days a Week, 1:00 PM to 9:00 PM. This is a resource is offered through Access Services.

Teen Support - Montgomery County **&** 866-825-5856 **1** 215-703-8411 Adult Support - Montgomery County \$55-715-8255 267-225-7785

If you are in an emergency situation, please contact Mobile Crisis 24 Hrs./7 Days a Weel 855-634-HOPE (4673)

YWCA Tri-County Area Youth Empowerment Program offers specialized youth programing. Through education, recreation, mentorship, and peer-led advocacy, YEP empowers youth to recognize and harness their innate potential for positive change.

€ 610-323-1888 9 315 King Street, Pottstown, PA 19464 ⊕ https://www.yw3ca.org/services/yep/